

NATURAL CHIROPRACTIC CARE

SPECIFIC CHIROPRACTIC MANIPULATION

Alignment and manipulation of the spine to create balance and function in the body, opening up to 'Chi' (life force) to restore energy and vitality.

COMPLETE CHIROPRACTIC TREATMENT & THERAPY

Alignment & manipulation of the spine to create balance & function in the body, opening up the 'Chi' (life force) to restore energy & vitality. Soft tissue work which includes trigger point work, pressure point therapy & energy work.

ACUPUNCTURE SESSION

Acupuncture is among the oldest healing practices in the world.

Acupuncture aims to restore and maintain health as well as decrease pain through the stimulation of specific points on the body. It balances the body and facilitates health and well being to the body and mind, awakening the 'Chi' (life force).

PHYSICAL EXAM

Thorough chiropractic, orthopedic, neurological and structural exam to assess what is needed.

“THE DOCTOR OF THE
FUTURE WILL GIVE NO
MEDICINE BUT WILL
INTEREST HIS PATIENTS
IN THE CARE OF THE
HUMAN FRAME, IN
DIET, AND IN THE
CAUSE & PREVENTION
OF DISEASE.”

THOMAS A. EDISON

DR AMIE SHIMMEL IS NOT ONLY
A GREAT PHYSICIAN,
SHE IS KIND AND
COMPASSIONATE AS WELL.
HER SENSE OF URGENCY IS REMARKABLE.
I TRUST HER WORK
AND MARVEL AT HER INTENTION.

KURT HILL

RATES & SERVICES

INITIAL CHIROPRACTIC EXAM \$70

CHIROPRACTIC TREATMENT \$70

SPECIFIC CHIROPRACTIC MANIPULATION \$50

CHIROPRACTIC 6 PK \$375

CHIROPRACTIC 12 PK \$710

INITIAL ACUPUNCTURE EXAM \$70

ACUPUNCTURE SESSION \$130

ACUPUNCTURE 6PK \$700

ACUPUNCTURE 12PK \$1325

ABBREVIATED ACUPUNCTURE SESSION \$65

COMPLETE CHIROPRACTIC/ACUPUNCTURE \$140

COMPLETE 6PK \$750

COMPLETE 12 PK \$1425

CHIROPRACTIC TREATMENT WITH ABBREVIATED
ACUPUNCTURE/ \$100

YOUTH CHIROPRACTIC \$50

PHYSICAL EXAM \$70

EMI EXAM \$65

24 HOUR CANCELLATION POLICY IS APPRECIATED

GIFT CERTIFICATES AVAILABLE

DR. AMIE SHIMMEL



DR. AMIE SHIMMEL is a graduate of National University of Health Sciences with a Doctorate in Chiropractic Medicine. She has practiced for over 22 years in Chicago and New York City, using a holistic approach to her work.

Dr. Shimmel specializes in stress reduction, weight loss, pregnancy, pain control and is trained in the Webster pregnancy technique.

Dr. Shimmel knows the incredible healing power of the body. She takes pride in focusing on patient concerns and health issues and builds good rapport, trust and loyalty with all of her patients.

She is a firm believer in the worth of every individual and believes that we all have miracles inside each of us. Because of this philosophy, she incorporates acupuncture, vitamins and exercise into her chiropractic therapy to help you reach your full potential.

DR. AMIE SHIMMEL
HOLISTIC HEALTH PRACTICE
ONE EAST SUPERIOR, SUITE 307
CHICAGO, ILLINOIS 60611

THE ART
OF
BALANCE



DR. AMIE SHIMMEL
CHIROPRACTOR
ACUPUNCTURE

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