



## Holistic Health Practice Presents: **The Labyrinth**



# ***Autumn 2011***

***where is the ride taking you?***

***"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop away from you like the leaves of Autumn."***

***~ John Muir***



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#### **From Kurt Hill**



Often times, in an attempt to make sense of our lives, we attribute metaphysical significance to everyday occurrences. The sun breaking through the clouds affirms a statement's rightness or a marriage ends because a wedding ring was lost. By assigning importance to these random events, we validate our realm of meaningful behavior. However, these readings, as products of our current understanding, filtered through our desires and needs, are steeped in a presupposed consciousness and therefore prone to misinterpretation.

These distortions have their roots in our psychology. D. Andrew Kille, PhD, Psychological Biblical Criticism, states, "Each psychological theory will bring its own assumptions, framework, and perspective to the task of interpretation". Given this, it is essential to consider what philosopher Paul Ricoeur calls "The Hermeneutics of Suspicion" or "the recognition that unconscious factors are always at work in the process of interpretations." Otherwise, we are exposing ourselves to psychologism

(a tendency to interpret events or arguments in subjective terms or to exaggerate the relevance of psychological factors.)

Out of all fairness, we DO live in the realm of meaningful behavior, and therefore, we try to make sense of our world. This practice may offer comfort for those searching for meaning; however, it does not always offer Truth. Philosopher Georg Wilhelm Friedrich Hegel warns about the fallibility of "sense certainty," meaning that, while our senses provide us with information about reality, it's not always accurate - a heat mirage, for instance. Ricoeur, himself, reminds us that it is "the inherent quality of language to 'speak with many voices'...to carry multiple meanings, and to do so at multiple levels of denotation and connotation." The language of symbols is equally layered - if not more so.

We, and the world we live in, are far too complex to adhere to a dyad that only allows for an "either/or" mentality. Life is just not that simple. The fact that your toilet has overflowed has no guaranteed metaphysical meaning; it most likely means you need a plumber!

We must look at life with a more discerning eye. The search for meaning should be deliberate, the snap answer pondered and probed for deeper meaning - or even the possibility that there is no meaning at all.

Fall is about letting go, a deliberate emptying creating the seeming emptiness that is winter. It's a reflective time, a time to sit with the mysteries of life, not to assure ourselves of our resolutions. Transition is radical and complex... and it takes time. That's the phenomenon.

**Continuing to do the truth in love,**

**Kurt Hill**

### Tara's Back!

Holistic Healer Tara Sullivan has spent the last several months adding more "tools" to her healing toolbox, but now returns to HHP **FULL TIME!**



### Tara's schedule going forward:

Mon - Wed. 10AM to 6PM  
 Friday 10AM to 6PM  
 Saturday 9:30AM to 3PM

For more information click [here](#) or call 312.664.8376.



### HHP SURVEY!!

**We want to hear from YOU!**

**Here at HHP, we are always focused on how**

**we can best serve YOU, our community. And how better to serve your needs than for you to tell us **EXACTLY** what you want?!**

[Click here to take the survey!](#)

**As a **THANK YOU!** for your time, all participants will be entered into a drawing to win a **prize package** including one session from each of our fabulous practitioners!**

**Whooooo Hoooooooooo!**



## Upcoming Events

Please call 312.664.8376 to reserve space for all upcoming events!

### ***This Weekend ONLY!!***

#### **Akashic Records Readings with Laura Sherman**



The Akashic Records are a universal filing system which record every occurring thought, word, and action: a collection of mystical knowledge stored in the etheric levels. The vibrational records of each individual soul and its journey are contained here, making it a profound spiritual resource for consciousness development and expanded spiritual awareness.

[Click here for more information!](#)

**Come see what the Records hold for YOU!**

**Date: October 7th & 8th**

**Time: 11AM to 6PM**

**Cost: \$125**

**Sessions are by appointment only.**

**Call 312.664.8376 NOW to reserve your space!**

### ***TOMORROW!!***

#### **The One Command Manifesting Your Dreams!**

Many of us are facing uncertain times. The purpose of The One Command is to stop pessimistic and anxious thoughts moment by moment. Working with theta brain waves, this process changes negative beliefs, removes fear, and implements results easily and naturally.

[Click Here For More Information!](#)

**Date: October 7th**

**Time: 6 to 7:30PM**

**Cost: \$20**



### **Kundalini Yoga**



**Enhance your Life's journey and increase your potential with the many benefits of Kundalini Yoga for Body, Mind and Spirit!**

**Click here for more information!**

**Date: Tuesdays**  
**Time: 6 to 7PM**  
**Cost: \$15 per class**

**Got GHOST?!?!**  
**with HHP Founder Kurt Hill**

From ghosts to poltergeists, astral projection to remote viewing, psychic experiences are far more widespread than our culture acknowledges. Join with HHP Founder Kurt Hill and other like minded individuals to share your own personal experiences with the paranormal.



**Click Here for More Information!**

**Date: Monday, October 31st**  
**Time: 6:30 to 8:30PM**  
**Cost: FREE!!**

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