



The Holistic Health Practice Labyrinth

Summer Lovin'

July 2008



In this issue of the HHP Labyrinth:

- * Kurt's Summer Inspiration
- * Welcome our new Practitioner, Ginni Selle
- * Learn about our Featured Practitioner Tara Sullivan
- * Discover what the Akashic Records have to offer
- * Sign up for our upcoming classes and workshops
 - * Holotropic Breathwork Workshop
 - * Group Constellation Workshop
 - * Attracting More Clients
 - * APCT 1

Introducing



GINNI SELLE
PH.D, LCPC, NCC

Ginni is an Integrative Healing Counselor specializing in Energy Medicines and family Constellations. Sessions for both individuals and groups are available at HHP on Mondays.

Learn more at
www.ginniselle.com

Discover the
Akashic Records
w/ Laura Sherman



From Kurt Hill:

Pierre Teilhard de Chardin, French philosopher and outlaw Jesuit priest said "We are an ineluctable modality of being," meaning that as "spiritual beings having a human experience" it is our purpose to continue to develop and expand. This suggests that if we allow ourselves in any manner to be stuck in our concepts and beliefs we have interfered with our growth process.

At times, even the most aware individuals may find themselves incarcerated by tradition, locked into patterns of being that are no longer effective. In the international world we live in, it is mandatory for us to have an open view when it comes to other cultures, religious beliefs and sociopolitical viewpoints, to have what S.I. Hayakawa, psychologist, semanticist, teacher, and US Senator, referred to as a "multi valued orientation."



Receive a record of your soul's journey from your Guides

*What does your soul map have to do with your life purpose?

*Why did you come here to earth this time?

*What do the patterns in your life mean?

*Who are your guides and how can they assist you?

The Akashic Records are a record of our soul's journey for all time. The presupposition is that we are never alone; we have guides who are with us to assist us with our journey here on earth. It is possible to ask these guides life questions in order to gain awareness of our soul purpose and to receive insight with our life's challenges.

Laura Sherman is a psychotherapist and spiritual guide who reads the Akashic Records for individuals, aiding people in becoming aware of their guides.

Laura is studying in Ireland for her PhD in Feminine Spirituality focusing on the Divine Feminine through the personification of Sophia and Mary Magdalene. She will be in Chicago July 21-28 and August 7-10 giving readings.

Call now for an appointment!

Group Constellation Workshop

Meditation is not enough; examination and evaluation are essential in order to make certain that our current beliefs and behaviors are indeed in line with our core values.

Summer is a perfect time to remember that we really are inchoate (a work in progress) and to spend some time ridding ourselves of these antediluvian, outmoded concepts and rituals, replacing them with viable practices which will surpass our need for inveteracy.

I encourage you to get your entire being in shape this summer. Focus not just on the body, but save some time for the mind and spirit as well. Allow your awareness to grow beyond what Hayakawa says is 'two valued,' beyond, "I'm right and you're wrong," and you will notice a nascency of joy and hope in your world!

So I invite you to let the sun shine on every part of your being and let every part of you be a reflection of the greater good. This is the path to wholeness.

Continuing to do the truth in love,

Kurt A. Hill



Summer's Featured Practitioner: Tara Sullivan Body & Energy Work Spiritual Companionship APCT 1 Teacher

From Kurt:

For over seven years I have mentored Tara Sullivan with regard to the epistemological data of holistic health. I consider her a rara avis due to her insatiable quest for both knowledge and a deeper understanding of truth. She has made indefatigable efforts to excel in this field in order to assist people in the best possible manner. She has shown due diligence in her stewardship, including academic and practical training, and has a standard of excellence that is exemplary. Her writings regarding the principles of energy medicine show a definitive grasp of both theory and practical application. She is not only talented but trained - she added hard work to her natural gift and excellence unfolded.

Thus it is an honor to endorse Tara, not only in her role as Holistic Healer at HHP, but also as the Instructor for our upcoming APCT 1 course. The knowledge required to practice and teach is well earned. Tara has made herself

Join HHP practitioner, Ginni Selle, Ph.D for this informative and healing workshop!

The process is referred to as a "constellation" because it demonstrates the energetic (unseen) relationship forces between members of a system allowing them to actually be observed. Many times, physical, emotional and spiritual issues have their true roots in our family of origin. Families have a collective unconscious that can extend through generations and entangle those who follow with fates of those who came previously. These profound energetic bindings of the larger family system are usually unconscious and have the power to entangle us in fates that do not belong to us, fates dating back over two, three or more generations.

Group constellation work is an experiential healing process developed by renowned European psychotherapist Bert Hellinger for ancestral and generational healing. Due to its profound nature, it has spread rapidly, gaining an international and local presence.

Date: August 16th

Time: 2 to 5 PM

Cost: \$100

Advanced Psychosomatic Character Therapy 1:
The Art of Mystical Healing
With Tara Sullivan

Based on the unique healing style developed by Kurt Hill, this 20 week introductory course, drawing on psychology, mysticism, medical healing modalities, holistic and/or alternative medicine, focuses on

ready for this task not only by acting as my TA for past APCT 1 courses, but through her dedication to both the study and practice of energy medicine.

She is erudite and gifted, kind and joyful. You will experience her academic prowess and you will equally feel her genuine love. She truly is a paragon in this field.

With great peace of mind,

Kurt Hill

UPCOMING CLASSES & WORKSHOPS

Please Note: RESERVATIONS REQUIRED
312.664.8376

mastercard/visa accepted

Holotropic Breathwork Workshop with Kurt Hill



Holotropic Breathwork was developed in the 1970s by Dr. Stanislav Grof while studying the therapeutic potential of entering "nonordinary" states of consciousness. These "nonordinary states" were indistinguishable from those described in the ancient mystical traditions and spiritual philosophies of the East. Experiences in the "nonordinary state" brought on by the breathwork can be categorized as: sensory, biographical, perinatal or transpersonal (beyond the body and personal identity).

Kurt's own experience of holotropic breathwork training with Dr. Grof provides the structure for this workshop. Participants, or "breathers" lie on a mat in a relaxed position. As background music and drumming begins, the "breather" begins breathing faster and deeper as instructed by the facilitator with drumming and/or music to support the rapid, deliberate breathing. During the process, the "breather" can have quite a range of experiences, including deep feelings of joy or serenity, yogic sleep/meditative states, re-experience of traumas or the birth process, bodily sensations (tension, pain, warmth, etc.), crying, yelling, body movements, and/or transpersonal experiences such as past life experiences.

This is a very special opportunity where Kurt will create a safe

both the scientific theory behind energy medicine and its concrete application.

Long thought of to be the domain of quacks and frauds, students will discover the legitimate scientific history of vibrational medicine and learn how its ground breaking research and theories impact our everyday lives. Hands-on exercises will help move participants' understanding out of the academic and into the practical, and teach them to trust their own intuition.

Students will gain such skills as:

- *Implementing intention for the purpose of functional manifestation
- *Reading auras
- *Clearing old patterns with Metaphor Therapy
- *Healing by hologram
- *Evaluating energy blockages
- *Conducting psychic surgery
- *Inducing altered states
- *Analyzing dreams

There is a rigorous reading schedule that will include 10 to 12 texts.

Class size is limited to 10 people. To request an application, please respond via email to info@holistichealthpractice.net or contact Holistic Health Pract **Applications are due by September 10, 2008.**

Date: Beginning week of September 20th, day/time TBD

Time: 4 hours

Cost: \$3500.00 per person, exclusive of books. (Required texts are approximately \$200 additional.)

Payment plans are available.

space for a personal healing journey.

Workshop is limited to 10 people.

Prior to workshop, all participants must fill out a health profile and release form.

Date: Saturday, August 2nd

Time: 2 to 5 PM

Cost: \$125



Attracting More Clients

with Sheree Franklin & Karyn Pettigrew

Achieving dramatic client growth in today's challenging business market requires nimble thinking. Training yourself to use your intuition, instincts and imagination is the best way to increase profits. Intuitive Business Counselors Sheree Franklin and Karyn Pettigrew guide you on the pathway to creating new ways to attract more clients. This 3-hour workshop will provide you with the insights to:

- *Break Conventional Thinking
- *Explore Change
- *Look at your USP (Unique Selling Proposition), Elevator Speech, Tagline
- *Identify limiting beliefs
- *Vision the future
- *Embrace Strategic Insights

Date: Saturday, September 20th

Time: 9 AM to 1 PM

Cost: \$75

[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to info@holistichealthpractice.net by info@holistichealthpractice.net.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Holistic Health Practice | One East Superior, Suite 307 | Chicago | IL | 60611