



## Holistic Health Practice Presents:

# The Labyrinth



## *Holidays 2009*

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### From Kurt Hill



Well, we are entering into the Holiday season as though we are gliding down a snowy slope into the nearest shopping mall. Hold on to your credit cards- the best is yet to come. That's not the star from the East or miraculous lamp light you see shining above; it is the spotlight from your most recent collection agency looking for you. Hope you had lots to be grateful for at Thanksgiving while the marketers were busy stringing your turkey with holiday lights. Watch out where you shove that menorah!

Ho,ho,ho the jokes on you. This is anything but a season to be merry if you are looking for extra room in your wallet. If your idea of domestic travel is from one mall to another, then **Whoa, Rudolf!** We need to talk.

Shouldn't this be a time of reflection, care and giving? I thought we were supposed to be finding ways to assure peace on earth and good will to all. Yet, we are gifting Afghanistan more troops and raising those taxes to the roof tops while the dollar continues to find its way down the chimney straight to the furnace.

Try unwrapping this package before you compete for who gets to open their gift first. The holidays don't have to be about dollars and cents. No, this special gift is the gift of love for all. Sprinkle it around your home or your world and see what happens to that mean old Grinch who represents bigotry, hatred and prejudice. Sample some freshly baked kindness and a punch bowl spiked with good will. Joyful smiles and open hearts are the dress code for *this* party!

Oh, and all ye faithful have to show up with a sincere sense of concern for all. Remember Santa knows if you are good are bad so be good for goodness sake.

How about replacing the dollar sign on the top of your tree with a star? A star that shines in the direction of all. Be willing to follow that light to a place of refuge and promise. Your journey will take you to the center of your universe. And don't worry if your loved ones seem to be on a different trip; we can be many different people with something good in common.

***Feel the universal bond.***

It is time to remove that corn cob pipe, Frosty, and replace it with an instrument of peace!

Hey Rudolf, I think they get it; together we can get through any storm!

Happy Holidays!

**Continuing to do the truth in love.**

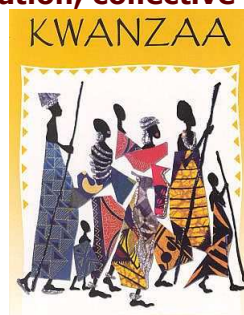
**Right here,**

***Kurt Hill***

***Peace on  
Earth***



**"The seven principles of Kwanzaa -- unity, self-determination, collective work and responsibility, cooperative economics, purpose, creativity and faith -- teach us that when we come together to strengthen our families and communities and honor the lesson of the past, we can face the future with joy and optimism." ~ Bill Clinton**



**Welcome to Our**



**Special Deal!**

This coming Thursday, December 10, 2009, Holistic Health will be featured as one of ***Groupon Chicago's DEALS OF THE DAY.***

This is a huge opportunity for HHP to bring our message and methodologies to a greater audience. We're very excited about the possibilities!

While the discount is only for new customers, we want to get you, our loyal clients, in on the deal...

Share [this link](#) with friends & associates who you think could benefit from our services and encourage them to let us know when booking appointments that you sent them to us through ***Groupon*** - for every four people you send, we'll give YOU a FREE single session\*...

**It's a WIN-WIN for**

## Blog!

Get a daily dose of self care updates, holistic thinking, and inspirational musings... Just right for those moments when you need to step back into the bigger picture!

[Click Here to Enter the Holistic Life!](#)



*Happy Yule!*

## EVERYONE!

\*some restrictions apply, call for details

### Hanukkah Wisdom



"We have focused on the miracle-thing and I think we often overlook

the message of Hanukkah. To me, the core of the holiday is the cleaning of the temple.... The accomplishment was in restoring the temple to the purpose for which it was built. Now think of the temple as a symbol. Perhaps it represents my life. The world has tried to use me for its own (perhaps good, but none-the-less extrinsic) purposes. But now I can rededicate myself to my own original purpose." ~Ralph Levy



## Upcoming Events

Please call 312.664.8376 to reserve space for all upcoming events!



### Akashic Records Readings

with Laura Sherman, Spiritual Healer

[click here for more info!](#)

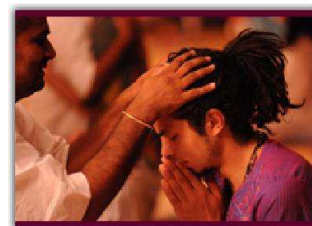
**Date: December 13-16**

**Time: 11AM to 5PM**

**Cost: \$125**

### End-of-the-Work-Week Meditation.

Join **Oneness Chicago** for the **Oneness Blessing**. This unique energy centered meditation is both centering and energizing and can open the receiver to a whole new world of possibility!

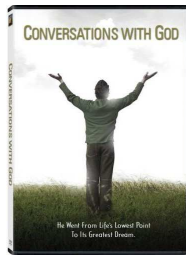


## Let the work week go and get in the FLOW!

**Date: December 18, 2009**

**Time: 6 PM**

**Cost: FREE!**



### Conversations with God

Movie showing & discussion  
with Kurt Hill

[Click here for more info!](#)

**Date: Saturday, January 9, 2010**

**Time: 5 PM**

**Cost: FREE!**

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