



HHP Labyrinth: Fall 2008

Happy Thanksgiving!



From Kurt Hill:

If you were just told that this were your last twenty- four hours on earth, how would you spend it? Would your priorities remain the same? Would you be able to say to yourself that you have done all that you planned and that you were true to your purpose?

It is so vital in this brief stay on earth to be true to our cause. Therefore, it is imperative that we ascertain just what it means to be ourselves. If you are trying to become someone else's needs met you cease to be an object of their love; therefore, rendering yourself invisible. It is essential that you spend the time you have looking for your "I Am". If you do not you run the risk of simply functioning as the ersatz (false) version of yourself. You become a set of agreements you made with an authority figure. You see, you cannot be the protagonist in another person's dream. It is important to find out who you really are and establish what your core is so that you may love yourself unconditionally.

I know that there is probably a cornucopia of things that you intend to be thankful about on this wonderful holiday; however, this time start being thankful for *you*. Take a moment to just acknowledge your life, your dreams and your aspirations. I assure you that you are perfectly you. No one has the ability to do it better.

So, this Thanksgiving, allow your Self to unfold unto its perfection. Embrace you; let yourself love out loud. Only then, as Martin Buber states in his book the "I and Thou," you can truly love an other. Place loving yourself on the menu this time and celebrate the joy of just being you. You are enough.

Now please pass the potatoes!

Doing the Truth in Love,

Kurt



Thanksgiving Open House

It is our pleasure to invite you and your guests to our Holiday Open House. Please join Kurt, Sara, and all the HHP practitioners and staff as we give thanks to you, our clients and community. This is a wonderful opportunity to socialize and network with other like minded individuals; all are welcome!

Date: Friday, November 21st
Time: 5:30 to 8 PM
Cost: FREE! IT'S A PARTY!!



FALL FEATURED PRACTITIONER:
Jane Brown Smith,



Energy Medicine for Animals and their People

I want to take a moment to introduce you to Jane Brown Smith. Jane is unique amongst our practitioners because she is called to work specifically with animals and their owners.

Jane is the real deal - she is integrity with a body built around it, fully present and connected in her work. Her very warm and loving style is contagious and both animals and humans trust her implicitly. I have never known her to misrepresent herself or embellish the severity of a pet's wound. In her conscientiousness and sincerity, Jane has already helped a number of our clients and their animal companions in their time of need.

Unlike many who claim the ability to connect with animals, Jane is not only talented but trained in her field. Simply put - she is the truth and I recommend her highly.

~ KH



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Gift of Wholeness & Well-Being*

UPCOMING EVENTS

In our ongoing mission to support our community in your mental, physical and spiritual growth, we are so pleased and proud to bring you these phenomenal workshops and events! To ensure that we can support each participant to the fullest, reservations are required for all events.

Just call Sara or Tara at 312.664.8376 and reserve your seat today!

End-of-the-Work-Week Meditation

Let go of your work stress and get in the weekend mood! Join HHP practitioners & friends for an hour of guided meditation.



Date: Friday, December 5th & 19th

Time: 6 to 7 PM

Cost: FREE!

For more information on the Oneness Blessing, please visit
www.onenessnorthamerica.org

Save

Bring a

FOR THOSE WHO MISSED IT THE FIRST TIME!

**Intro to Manifesting Your Passion
in your World:
7 steps to Identifying and Acting on your
Dreams**

Life is too short not to
live your dreams!

Dead end relationships
and uninspiring jobs
can sap your energy
and make the world
seem grey. Take the
first step to bringing
some color back!



**10% friend and
you each
save 10%!!**

Offer Expires: 12.31.08
Offer good only for workshops & classes;
No other HHP services are included.

In this two hour workshop, facilitated by HHP Founder Kurt Hill and Chicago area actor Remy O'Brien you will:

*Discover the difference between passions & dreams

*Explore core beliefs

*Learn tools for determining your greatest assets

*Resolve what's stopping you from achieving your bliss!

Date: December 11, 2008

Time: 6 to 8 PM

Cost: \$30

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