

Natural Chiropractic Care

Specific Chiropractic Manipulation

Alignment and manipulation of the spine to create balance and function in the body, opening up to "Chi" (life force) to restore energy and vitality.

Complete Chiropractic Treatment & Therapy

Alignment & manipulation of the spine to create balance & function in the body, opening up the "Chi" (life force) to restore energy & vitality. Soft tissue work which includes trigger point work, pressure point therapy & energy work.

Acupuncture/Physical Therapy

Added to Any Treatment

Acupuncture: To balance the body & facilitate health and well being to the body and mind. Muscle Stimulation and other physical modalities might be used to reduce pain and inflammation in the body.

Acupuncture Session

To balance the body and facilitate health and well being to the body and mind, awakening the "Chi" (life force)

Physical Exam

Thorough chiropractic, orthopedic, neurological and structural exam to assess what is needed.

Re-Exam

Examination to re-evaluate and reassess the progress of the patient.

"The doctor of the future will give no medicine but will

interest his patients in the care of the human frame, in diet, and in the cause & prevention of disease."

Thomas A. Edison

(Dr) Amie Shimmel is not only a great physician, she is kind and compassionate as well. She anticipates, investigates until she has completely extirpated the problem out of the patient. Her sense of urgency is remarkable. I trust her work and marvel at her intention.

Kurt Hill

Rates & Services

Initial Chiropractic Exam \$60

Chiropractic Treatment \$50

Specific Chiropractic Manipulation \$40

Acupuncture Session \$60

Initial Youth Chiropractic \$30

Youth Chiropractic \$20

Physical Exam \$30

Re-Exam \$30

Acupuncture/Physical Therapy Addition \$20

Dr. Amie Shimmel



Dr. Amie Shimmel is a graduate of National University of Health Sciences with a Doctorate in Chiropractic Medicine. She has practiced in Chicago and New York City, using a holistic approach to her work. She specializes in treatment for pregnant women and is trained in the Webster pregnancy technique. She also has extensive experience with herbal and vitamin therapies. Dr. Shimmel knows the incredible healing power of the body. She takes pride in focusing on patient concerns and health issues and builds good rapport, trust and loyalty with all of her patients.

She is a firm believer in the worth of every individual and believes that we all have miracles inside each of us. Because of this philosophy, she incorporates acupuncture, vitamins and exercise into her chiropractic therapy to help you reach your full potential.

Dr. Amie Shimmel
Holistic Health Practice
One East Superior, Suite 307
Chicago, Illinois 60611

The Art Of Balance



Dr. Amie Shimmel Chiropractor

Holistic Health Practice
1 East Superior, Suite 307
Chicago, Illinois 60611

P 312.664.8376

F 312.664.8417

drashimmel@holistichealthpractice.net

