



HOLISTIC HEALTH PRACTICE

INTENSE CHAKRA CLEANSE

Chakras are energy centers that are the openings for life energy to flow in and out of our auras. They serve to vitalize the physical body and develop our self-consciousness. Chakras are associated with our physical, mental and emotional interaction. When they are blocked or closed, we function at a lower level than is desirable.

Working with the main seven chakras, the practitioner takes an energetic reading to determine if there is blockage in any particular chakra. He looks for specific locations, how deep the blockage may be and/or whether the blockage has altered the entire system. Equally checked are the vibrational responses to compare them to the client's core vibration. Through intuitive, tuning fork and systems methodologies, the rate of frequency and vibration of the chakras is measured and established.

The key to this procedure is precise harmonic balance. When the chakras are properly aligned and energy is centered in the body allowing uninterrupted flow of chi, disease cannot take up residence. This process requires focused vibrations, chakra specific essential oils, empathic, energetic listening skills and a specific intention set by the practitioner. The client is generally in a trance-like state and can be disoriented for 24 hours after the procedure due to the rearrangement of the client's metabolism. The procedure requires 2 hours. It is recommended to eat/drink 2 hours prior to the appointment.

Please be aware that this treatment involves frontal nudity which entails chest, abdominal and top pelvic areas. Gowns are available for your convenience.

I have read and understand the above description. I have signed the Holistic Health Practice General Consent form.

Client Signature _____

Date _____